

SUNNYSIDE SEVENTH-DAY ADVENTIST CHURCH NEWSLETTER

NOVEMBER 2009

Mission Statement: Called to worship the Creator, Commissioned to spread the gospel, Committed to serve others

Dates to Remember:

- Oct 31—fall Harvest Masquerade party 5:30 pm
- Nov 1 daylight savings time ends
- Nov 8 thru 14 Spiritual Emphasis Week
- Nov 14 ABC sale at YACS 5:30-8:30 pm
- Nov 16 Board meeting
- Nov 21 Pathfinder Benefit Supper & Investment Sale
- Nov 22 Ministerial Society of Sunnyside presents Thanksgiving program at Sunnyside High School 7 pm
- Nov 22 ABC sale at Ellensburg 12:00-2:00 pm
- Nov 26 Thanksgiving
- Every Tues— Pathfinder Bible class 6 pm in Glass classroom
- Every Tues-Pathfinders and Adventurers at 6:30 pm
- Dec 25 Christmas (Friday)

Cooking School Report

Four classes of Vegetarian/Vegan cooking were recently offered by our church. Around 40 students attended the school. The teachers were Cherelyn Strickland and Jennifer Foster.

There were demonstrations, taste testing, videos, door prizes and more. Everyone received a 3 ring binder with over 60 pages of recipes and information. Topics were “Grains”, “Vegetables”, “Proteins”, “Fruits/sweets/fats”, and “Menu Planning”. There was an evening when the students could check their *Body Mass Index*, their *Blood Pressure*, and their *Computerized Health Age*.

Many people were involved with this outreach to our community: Cherelyn organized and lead the school; Jennifer, who teaches nutrition at Heritage University, added much to the class with her knowledge; Jeanne Barrett-Usher decorated for every class. Those who demonstrated recipes were Lynell Mays, Don James, Patti Carcagno, Dennis Strickland, Cherelyn and Jennifer. Janet & Amy Officer, Lois Poe, Jeanne Barrett-Usher, Tami Mathison, Cherelyn and Jennifer helped by making recipes to taste test.

Others who were involved with the class were: Keith Officer who advertised on the church reader board; Rick & Brice Rinehold operated the live video so everyone could see the demos on a big screen; Eric Rinehold took pictures; Tami Mathison & Valerie Ramos took blood pressures; Teresa Chavez & Jeanne Barrett-Usher registered the students; Sonia Zambrano volunteered her help wherever needed; Elder Mays ran the computerized health age tests; Dennis Strickland ran the audio system; and Marvina McDonald helped with serving at the taste testing— and the big job of clean up.

About 50% of the attendees were not members of our church. Three of those people came all the way from TriCities, and are involved in a job that helps teach budgeting, meal planning, and general family living. They were very happy to get the information offered in our class as they have had many requests

for instruction on vegetarian cooking. Two other students have husbands who recently had heart stents placed, and they needed to learn how to cook to protect their health. They were very thankful to get the information on this type of cooking.

The cost of the school was \$15.00 per person. There was also a freewill donation at the last class. With those monies and offerings from our church family, there was \$498.75 left in the cooking school account after the expenses of \$362.25. Praise God! \$100.00 was donated from “Acts of Kindness” and Cherelyn wishes to see the surplus money be placed in the “Acts of Kindness” fund for future community activities. Cherelyn wishes to thank all those who were involved (even by giving your offerings & prayers).



SCHEDULE FOR NOVEMBER!

ELDERS

(Cherelyn)
 11-7 Cherelyn
 11-14 Peter
 11-21 Chuck
 11-28 Cathy
 Dec 5 Cherelyn

GREETERS (Art)

11-7 Teresa
 11-14 Galen
 11-21 Teresa
 11-28 Agustin
 Dec 5

MEDIA (Wayne)

11-7 Dennis
 11-14 Eric
 11-21 Wayne
 11-28 Dennis
 Dec 5 Eric

DEACONS (Dennis)

11-7 Keith
 11-14 Art
 11-21 Chad
 11-28 Galen
 Dec 5 Wayne

VESPERS (Peter)

11-7 Rouses
 11-14 Sonia
 11-21 Patti
 11-28 Cathy
 Dec 5 Mariette

CHORISTERS: (Valerie)

11-7 Valerie
 11-14 Wayne
 11-21 Patti
 11-28 Jeanne
 Dec 5

HOSTESSES (Jennifer)

11-7 Lisa & Valerie
 *11-14 Mariette
 11-21 Lynell Mays
 *11-28 Felicitas
 Dec 5 Cherelyn
 * = Potluck

USHERS (Jerry)

11-7 Felicitas & Erica
 11-14 Art & Lydia
 11-21 Regulo & Christian
 11-28 Pathfinders
 Dec 5 Jerry & Jeanne

NURSERY (Lynell)

11-7 Colleen & Marvina
 11-14 Lynell & Mariette
 11-21 Lynell & Linda
 11-28 Erica & Samantha
 Dec 5 Lupe & Lisette

CHILDRENS STORY

11-7 Lynell
 11-14 Lynell
 11-21 Lynell
 11-28 Janet



BIRTHDAYS.

11-1 Pastor Mays
 11-1 Chuck Rouse
 11-1 Cecil Poe
 11-2 Jerry Usher
 11-5 Jay Carman
 11-4 Helaina Meyers
 11-7 Galen Pettay
 11-11 Tim Foster
 11-12 Eva Briones
 11-13 Aimee Trevino
 11-17 Dennis Strickland
 11-17 Mark Moore
 11-18 Bob Meyers
 11-26 Wayne Officer
 11-27 Ruby Stephenson

DECEMBER

12-5 Linda Cornwell
 12-10 Karen Chase
 12-12 Anne Pettay
 12-16 Christian Chavez
 12-19 Chad Foster
 12-21 Rebecca Benavidez
 12-21 Maria Gutierrez
 12-28 Jennifer Foster

SUNSETS:

**Daylight savings
 time ends 11-1
 11-6 4:40
 11-7 4:38
 11-13 4:31
 11-14 4:29
 11-20 4:23
 11-21 4:22
 11-27 4:18
 11-28 4:17
 12-4 4:14
 12-5 4:14



*"Life is a succession of lessons, which have to be lived to be understood."
 Helen Keller*

PRAYER & PRAISE:

- ⇒ Surgery for Chris Lozano for tumor behind his eyes and sinuses
- ⇒ Bob Meyer's health!
- ⇒ Carl Schultz with his hip injury
- ⇒ Alicia Zambrano's surgery cancelled, and she is now doing fine
- ⇒ Nathan and Christian Mathison's horse health
- ⇒ Praise for Cherelyn's job (ask her about it)
- ⇒ Helen Shearer with her recent stroke
- ⇒ Pray for Elaine's pain and for Meghan's grandmother in Virginia

Bulletin Board, or Did You Know?.....

- ◊ The Community Service gave help to 2,022 people in the month of October. (Around 1/2 of that number are repeated once in the month)
 - ◊ The organ has not been working well, and will need to be replaced since it is too old to repair.
 - ◊ The Grill and supplies from the raffle Samantha & Sonia did for Emilio Bueno (Acts of Kindness investment) was won by Lydia Moreno
 - ◊ Joan Rouse's twin sister, June, will be married in our church on January 3, 2010
 - ◊ On Oct 24th, 15 members met to discuss some foundational beliefs of our church that are being attacked from within our denomination. They learned how to answer a fellow church member who may say "With money so tight right now, I know a loving God understand when I don't pay tithes"; or if a friend says, "To have eternal life, we must be perfect before Jesus comes." The Trinity, Sabbath, Ellen White and the 2300 day prophecy were also topics of discussion. There were Bible texts and special comments that were noted by the attendees, and time was set apart for prayer for our chronically ill and missing members. Everyone received a list of all our members, including members who are attending regularly, and of those with health problems—with a challenge by Pastor Mays to pray daily for these people.
 - ◊ Rineholds celebrated their 25th (not 24th, Margie) anniversary in October.
 - ◊ Andrea Garcia is at WSU in Tri-Cities at their satellite campus.
 - ◊ Eric Peterson's new address is Everett, Wa. 98208
 - ◊ Marty & Mariette Albertson's new address is Toppenish, Wa. 98948
 - ◊ Dr. Axford who was a member of Prosser church and had an office in Prosser for years, recently passed away
 - ◊ Sharon Gannon's son just moved to the valley—welcome him warmly!
 - ◊ Mary & Joe Garcia repeated their wedding vows on October 10th, in a touching ceremony. Pastor challenged all married couples to recommit themselves to their marriage.
 - ◊ Helen Shearer had a stroke while at dinner in our fellowship hall, 10/17. It has affected her right side and her speech. She is in Toppenish Rehab, so keep her and her family (Fosters) in your prayers.
 - ◊ We will be getting a Bible worker in our district (Granger, Sunnyside, Outlook and part of Mabton)! A Bible worker is someone who promotes our church with outreach, and will be giving Bible studies to those who want to study with them. They will encourage members to go with them when possible. The worker should probably be here by January 2010, and housing is supplied by the Granger church. We eagerly look forward to the arrival of him or her!!!
 - ◊ The October 10th officer affirmation and planning potluck/meeting was sparsely attended: 2 committees (social and deacon) met to discuss activities. Those who were there were affirmed with a goody bag full of candy, popcorn, gum, pen, magnets, and it was a lot of fun to find all the treats and trade them. However, the worship committee, search committee, and others will need to meet on their own schedule. With the small turnout, it appears that (along with the Mivoden retreat) this is not a needed function for our members anymore.
 - ◊ On October 10th, members completed a form indicating their top 2 passions: Anything that was productive was acceptable, whereas watching TV was not...Cooking, photography, playing guitar, organizing, gardening, riding motorcycles, reading and children, etc. were given as passions, things they were good at, or hobbies. Pastor Mays and elders will keep these on file and when there is a need in the church or community, the list will be consulted—and perhaps people with similar interests will be connected. This also works into the "Acts of Kindness" fund, which can be used by those who have similar interests and want to start a project.
 - ◊ Thanks to Linda Cornwell and Joan Rouse for their ideas and for decorating the church foyer for fall harvest!
 - ◊ Acts of Kindness Project brought in :
 - \$240 for Samantha's classmate, leukemia victim,
 - Mathison family project \$350 for Palacios at Children's hospital,
 - Carcagno baked goods and prepared dinners netted \$204, to be split among above cancer victims,
 - Officer family donating \$385 to Compassion International to adopt children from Indonesia,
 - And the Cooking School (Stricklands) with approximately \$500.
- These were great ideas and we are proud of the giving spirit amongst our members!

PULPIT FLOWERS:

- Nov 7: From Lynell in honor of Pastor May's birthday
- Nov 14:
- Nov 21: Angela and Alyssa, for dad Wayne's birthday
- Nov 28: Amie and John, for their anniversary

Don't forget to mark your envelope "Flowers" when enclosing \$20 for this



For years now as I have closed the Back Page article I have quoted Thessalonians 5:24. This passage is preceded however with this admonition:

¹²*But we request of you, brethren, that you appreciate those who diligently labor among you, and have charge over you in the Lord and give you instruction,*

¹³*and that you esteem them very highly in love because of their work. Live in peace with one another.*

¹⁴*We urge you, brethren, admonish the unruly, encourage the fainthearted, help the weak, be patient with every-one.*

¹⁵*See that no one repays another with evil for evil, but always seek after that which is good for one another and for all people.*

¹⁶*Rejoice always;*

¹⁷*pray without ceasing;*

¹⁸*in everything give thanks; for this is God's will for you in Christ Jesus.*

¹⁹*Do not quench the Spirit;*

²⁰*do not despise prophetic utterances*

²¹*But examine everything carefully; hold fast to that which is good;*

²²*abstain from every form of evil*

²³*Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.*

As you examine this farewell admonition you might see some areas where we need renewal and strength; where we need to rebuild bridges and perhaps rebuild some walls of protection and on the other hand tear down some walls of resentment and separation.

The week of **November 8-14** is **The Week of Spiritual Renewal**. Would you covenant with me to gather every evening at the church at 7:00 and spend an hour together in worship, prayer and scripture for spiritual renewal and strength for our congregation? Plan to come for your own spiritual renewal and to support your fellow church family.

²⁴*Faithful is He who calls you, and He also will bring it to pass.* – L.D. Mays, Pastor

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***It's hard to make friends
when you need them***